## **BREAKFAST**

### **BEVERAGES**

Coffee: Regular- Decaffeinated

**Tea:** Regular - Decaffeinated - Chamomile

Fresh-Brewed Iced Tea

Hot Chocolate: Regular

Milk: Whole - Skim - Lactaid - Vanilla Soy

Low-Fat Chocolate

**Soda:** Ginger-Ale - Diet Ginger-Ale - Seltzer

Juice: Orange - Apple - Prune - Cranberry - Tomato - Grape Juice

### **CONDIMENTS**

Jelly - Butter - Cream Cheese - Peanut Butter

## **FRUIT**

Banana - Orange - Apple - Applesauce

## **YOGURT**

**Regular:** Vanilla - Strawberry

Lite: Vanilla - Strawberry - Peach

## **CEREAL**

Hot: Oatmeal - Cinnamon Oatmeal - Cream of Wheat

**Cold**: Corn Flakes - Crispy Rice - Cheerios - Raisin Bran - Rice Chex

## \*Breakfast Ends Daily at 10:00AM\*

Limited Items are available all day long.

Scrambled Eggs, Omelets, Hard-Boiled Eggs, Cereal and Bagels

## **MAIN COURSE** (*Please choose 1*)

### Pre-Packed Halal Breakfast Entrée:

Omelet with Pancakes (\*contains cream cheese)

**Egg Omelet**: Egg or Egg Whites

Choice of 4 Toppings: Red Onions - Broccoli - Spinach - Peppers

Mushrooms - American Cheese or Swiss Cheese

Hard Boiled Eggs (2)

## **Pre-Packaged Kosher Breakfast Entrees:**

Texas-Style French Toast with Maple Syrup

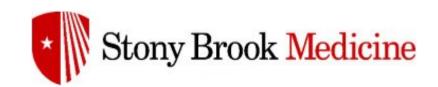
Egg Omelet served with Diced Home-fried Potatoes

## **BREAKFAST BAKERY**

Bagel: Lender's Plain Bagel

**Bread**: Kosher White

Dial 8-3463 (8-DINE) from 7 am to 7 pm to place order



# **LUNCH & DINNER**

## **Halal Meal Packs**

PRE-PACKAGED FRZEN HALAL MEALS THAT ARE HEATED IN OUR
MICROWAVE

**Tandoori Chicken with Rice:** Halal Chicken Thighs, Basmati Rice & Lentils with Tandoori Spice Blend

Biryani Chicken with Rice: Halal Chicken Thighs, Basmati Rice &

Lentils with Biryani Spice Blend

**Lubiah Stew with Beef & Rice:** Halal Ground Beef, Basmati Rice, Tomatoes, Green Beans, Garbanzo Beans, Onions and Spices

#### **KOSHER MEAL PACK**

THE FOLLOWING ENTREES ARE PRE-PACKAGED FROZEN KOSHER ITEMS THAT ARE HEATER IN THE MICROWAVE.

Roasted Chicken: served with Roasted Potatoes & Green Beans

Yankee-Style Pot Roast: served with Bowtie Noodles, Green Beans & Sliced Carrots

Roasted Turkey: served with Sweet Potatoes & Green Peas

Salisbury Steak: served with Creamy Mashed Potatoes, Green Peas & Carrots

Baked Fish with Lemon: served with Rice Pilaf & Green Beans

Vegetable-Stuffed Pepper: served with penne pasta, green beans & carrots

Tuna: (Individual Can)

THE FOLLOWING ENTREES ARE MADE IN HOUSE AND DO NOT CONTAIN ANY CHICKEN, BEEF, OR PORK.

**Broiled Flounder:** Dressed with Breadcrumbs, Garlic, Lemon & Herbs

**Baked Salmon** 

Cheese Quesadillas: Black Bean or Plain Cheese

Macaroni & Cheese: Served in a Creamy Cheese Sauce

Panini: Fresh Mozzarella, Basil, & Tomato

Choice of Soup: Campbell's Tomato Soup - Lentil Soup - Vegetable Broth

#### **PASTA BAR**

Choice of Pasta: Penne - Linguini - Whole Wheat Pasta
Choice of Sauce: Vodka Sauce - Butter Sauce - Marinara

Garlic, Extra Virgin Olive Oil & White Wine

Choice of Topping: Mixed Vegetables - Mushrooms

#### **PIZZA**

Individual Personal Cheese Pizza

Choice of Toppings: Plain - Peppers - Mushrooms - Red Onions - Black Olives Broccoli

## **Shake It Up' Salad Station**

(All of our salads are made in house with fresh produce.)

Choice of Lettuce: Romaine Lettuce - Baby Field Greens - Spinach

Choice of (up to 5) Toppings: Sliced Red Onions - Cherry Tomatoes

Bell Peppers - Croutons - Walnuts - Black Olives - Cucumbers

Dried Cranberries - Chickpeas - Mushrooms - Sunflower Seeds

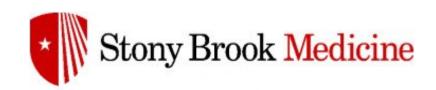
### **COLD PLATES**

Cottage Cheese Plate: Cottage Cheese and Fresh Seasonal Fruit

Yogurt Plate: Seasonal Fruit served with Vanilla Yogurt (Light or

Regular)

**Crudites & Hummus Salad:** Fresh Garden Vegetables (Cucumbers, Cherry Tomatoes, Celery & Carrots) Served with Creamy Hummus Dip



## SIDES & DESSERTS

#### **SIDES**

Baked Steak Fries - Baked Potato - Mashed Potatoes

Mashed Sweet Potatoes - Baby Carrots - Broccoli - Green Beans

Cuban Style Black Beans - Corn - Steamed White Rice

Brown Rice - Stuffing - Mac & Cheese - Penne with Marinara Sauce

Plain Penne - Dinner Roll - Vegetable Sticks - Cucumber Slices

Hummus & Veggie Sticks - Spanish Slaw - Macaroni Salad

Potato Salad - Cottage Cheese - Peanut Butter & Crackers

## **DESSERTS**

Lemon Pound Cake - Angel Food Cake - Brownie - Cheese Cake
Chocolate Angel Food Cake - Peach Pear Cobbler
Low-Fat Chocolate Mousse

Chilled Fruit: Peaches - Pears - Applesauce - Mandarin Oranges Fruit Salad - Grapes - Seasonal Melon

**Cookies**: Chocolate Chip - Oatmeal Raisin - Lorna Doone Fig Newtons - Graham Crackers

Ice Cream: Vanilla - Chocolate - Sugar-Free Vanilla

Fruit Ice: Cherry - Orange - Lemon



# How to Place an Order

## DIET:

## Halal

Although our kitchen is not Halal certified, we offer a variety of items that are vegetarian as well as a variety of items that are Kosher. We hope that these items will meet your needs.

Our menu provides a variety of pre-packaged Kosher entrées from Spring Valley, based in Goshen, NY. If you have any questions regarding our Kosher

services, please contact your nurse who can direct you to the Hospital's Chaplain and Rabbi of Young Israel of Huntington: (631) 275-2936.

Date:

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Room Number:

- 1. Dial8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
- 2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
- 3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

## **SPECIAL / RESTRICTED DIETS**

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

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