



Endovenous Ablation or Ambulatory Phlebectomy **Important Information Before Your Procedure**

- ✓ Your procedure with Dr. _____ will be on _____ at _____ **am/pm**.
- ✓ Your procedure will be performed at the following location: _____.
- ✓ Your procedure will consist of _____.
- ✓ Once your procedure has been scheduled, please notify us immediately if a conflict arises; as we have many patients needing procedure. In order to provide the most efficient scheduling to our patients, **surgery cancellations without a 24-hour notice will be charged \$100.00**. Cancellations can be made at ANY time by calling **(800) 345-VEIN or (631) 444-VEIN**.
- ✓ If you are taking **Coumadin or Plavix**, please notify our office (631-444-2040) so an individual treatment plan can be made between all interested parties, including your primary care physician.
- ✓ Plan to **arrive 30 minutes prior** to your procedure. You will be in the office for about 2 hours, with the procedure taking about 1 hour with additional time for checking in, prepping and bandaging.
- ✓ Women, please shave your legs the night before the procedure - not in the morning. Men who do not routinely shave their legs are not required to do so. You may shower the morning of your appointment. **Please do not apply any oils or lotions or creams to the leg.**
- ✓ You should **have a small meal** prior to coming in for the procedure. You will receive local anesthetic, so there is no need to arrive with an empty stomach.
- ✓ Please arrange for **someone to drive you home**. The pain will be minimal but, a bulky dressing on the leg will make driving unsafe.
- ✓ For your comfort, please **wear loose-fitting clothing** following your procedure. Slip-on shoes are also recommended.
- ✓ Please be sure to **bring your compression stockings** with you the day of your procedure. We will apply them at the completion of the vein procedure.
- ✓ You will have minimal pain after the procedure for which you may take Ibuprofen or Advil.
- ✓ Please notify your physician if you are breastfeeding prior to the procedure. Someone will provide you guidance regarding breastfeeding your baby.

www.stonybrookveincenter.com

222 Middle Country Rd, Suite 209
Smithtown, NY 11787

160 Middle Road, Ste 3
Sayville, NY 11872

864 W. Jericho Turnpike
Huntington, NY 11743

1165 Northern Blvd, Suite 301
Manhasset, NY 11030

23 South Howell, Suite G-J
Centereach, NY 11720

993 Park Ave
Manhattan, NY 10028