

## Ultrasound Guided Injection Sclerotherapy

### Important information before your procedure:

- Once your procedure has been scheduled, please notify us immediately if a conflict arises; as we have many patients needing procedure. In order to provide the most efficient scheduling to our patients, **surgery cancellations without a 24-hour notice will be charged \$100.00**. Cancellations can be made at ANY time by calling **(800) 345-VEIN or (631) 444-VEIN**
- Please be sure to bring your compression stockings with you the day of your procedure. We will apply them at the completion of the vein procedure
- It is not necessary to arrive with an empty stomach and please take your routine medications as usual
- Please notify your physician if you are breastfeeding prior to the procedure. Someone will provide you guidance regarding breastfeeding your baby
- You will have minimal pain after the procedure for which you may take Ibuprofen or Advil
- You may drive to and from the office

### Post procedure instructions:

- We will apply your compression stockings immediately at the completion of procedure
- The stockings should remain on for 48 hours after the procedure, removing only to shower
- After the first 48 hours, it is recommended to wear the compression stockings during the day for 1-2 weeks
- You may return to normal activities immediately after procedure
- When sitting it is recommended to elevate your legs
- Spider veins typically require sessions of injections before they disappear. The veins initially look worse for 1-2 weeks after each session of injection sclerotherapy. It is expected to see results 2-4 weeks post procedure
- It is advised to avoid direct exposure to the sun for approximately 2 weeks after the procedure.
- Occasionally treated areas may require an additional procedure called evaluation. Evacuation is a simple office procedure that is used to remove persistent blood that is trapped in an injected vein. Evacuation is most successful within 1-2 weeks post procedure. If you notice dark areas overlying injected vein networks, call the office at (800) 345-VEIN to schedule a follow up appointment for evaluation
- Be sure to have your **1 week post-procedure visit** scheduled with your physician and a follow up ultrasound. If any changes need to be made call (800) 345-VEIN or (631) 444-VEIN.
- ***For significant bleeding, fevers, signs of infection or any concerns contact your physician or go to the nearest emergency room***