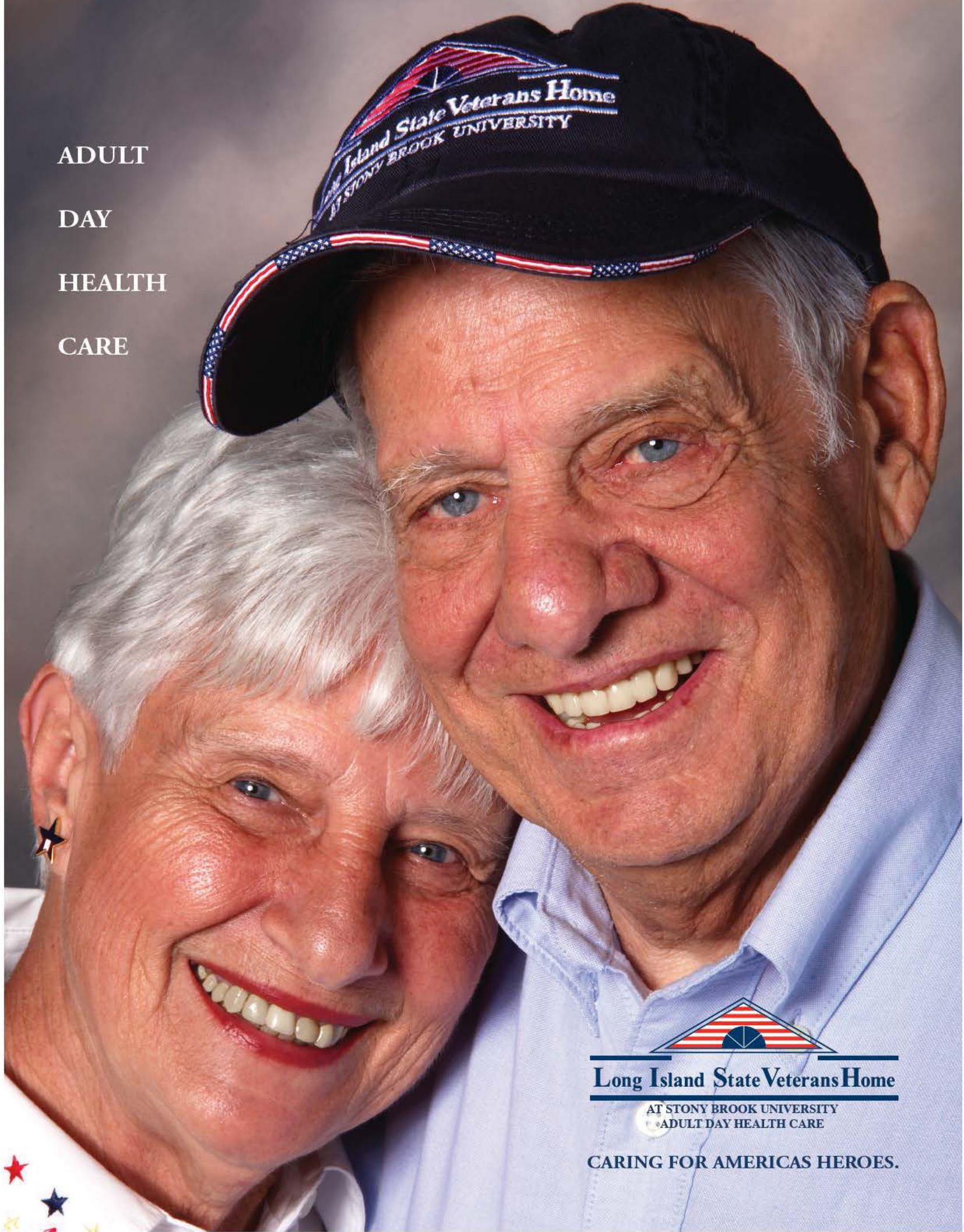


ADULT

DAY

HEALTH

CARE



**Long Island State Veterans Home**

AT STONY BROOK UNIVERSITY  
ADULT DAY HEALTH CARE

CARING FOR AMERICAS HEROES.





**A PLACE THAT A VETERAN WOULD BE PROUD TO SPEND THEIR DAY.**

Caring for a physically or cognitively impaired family member at home, 24-hours per day, 7-days per week, can be one of life's most difficult challenges. Whether you are a spouse or a caregiver, the Adult Day Health Care at the Long Island State Veterans Home (LISVH) may be a welcome solution. Participants at the Adult Day Health Care program receive the skilled nursing care they require while enabling them to continue to live at home. Adult Day Health Care permits caregivers to meet professional and family obligations or take a well deserved rest while their loved one attends the program.

Adult Day Health Care is designed to promote socialization, stimulation and maximize the participant's independence while enhancing quality of life. Experience the difference of the Long Island State Veterans Home's medical model Adult Day Health Care program. We provide comprehensive medical, nursing and personal care services combined with engaging social activities for physically or cognitively impaired adults. Our program is staffed by a caring and compassionate team of multi-disciplinary healthcare professionals who evaluate each participant and customize an individualized plan of care specific to their health and social needs. We are committed to caring for our nation's heroes with the dignity and respect they deserve.

We offer door-through-door transportation to and from the program. Once the registrant is on their way to the LISVH, family members can begin a worry-free day. The needs of your loved one will be taken care of in a comfortable, supervised and secure environment.

The Long Island State Veterans Home Adult Day Health Care program operates 6 days per week (Monday through Saturday) and is open to all honorably discharged veterans, their spouses or widows, and Gold-Star parents.

*"Not having to worry about his safety and having peace of mind when he is there is what I value the most."*

*- Carol D., daughter of registrant*

WE PUT MEANING BACK INTO YOUR FAMILY MEMBER'S DAY.



#### DELICIOUS AND NUTRITIOUS MEALS.

Once the registrant arrives at the 25 beautifully landscaped acres of the LISVH, they will enjoy a well balanced breakfast. Our Registered Dieticians evaluate each participant so special dietary needs, personal food preferences, and assistance with feeding can be accommodated. Meals are prepared by our dietary professionals who pay particular attention to appearance, taste, temperature, and nutritional value. A hearty hot lunch is also provided, as well as nutritious snacks throughout the day.

*"I'm a nurse and am very picky about quality care. I can't say enough good things about the quality of care my grandfather receives at the Long Island State Veteran's Home."*

- Elizabeth H.,  
Granddaughter of registrant

#### CARE FOR BODY, MIND AND SOUL.

Our highly skilled interdisciplinary team of compassionate professionals and clinicians works closely with participants, their families and their community physician. Our team evaluates and develops an individualized care plan that best meets the medical, nursing, rehabilitation, psychosocial, recreational, nutritional, spiritual and personal needs of each participant in the program.



Our goal is to maximize and maintain each registrant's functional abilities. If required, a full complement of rehabilitative services are available including physical therapy, occupational therapy, and speech therapy.

We believe in looking good and feeling better. Our full service beauty and barber shop is always available for each registrant at no additional charge. Haircuts, styling and manicures help care for the body, mind and soul.



#### ACTIVITIES TO SUPPORT A CREATIVE MIND AND ACTIVE BODY.

Maximizing quality of life is the primary focus at the Adult Day Care Health program. Each registrant is assessed by our Certified Therapeutic Recreational Therapists, and individual plans for recreation are developed with the participant and their family. We strive to meet their personal preferences and individual needs.

Programs are designed to create an enriching environment by providing the social, creative and intellectual stimulation that is vital to each participant's emotional and physical well-being regardless of their functional or cognitive capacity.

A diverse array of activities and programs are offered including frequent live entertainment, holiday and birthday celebrations, intergenerational programs, arts and crafts, adult education, music and dance, yoga, sports and fitness, "headline news", visits from many community groups and veterans service organizations, computer workshops, and more. We offer something for everyone.

#### DAILY HEALTHCARE NEEDS ARE ATTENDED TO.

Prescribed medications are administered to registrants by our licensed nursing staff during their day at our program.

As part of coordination of care, each registrant's medication regimen is reviewed by our on-site Certified Geriatric Pharmacist.

Skilled nursing care and monitoring of health conditions such as diabetes, hypertension and respiratory disorders is provided by our licensed nursing staff. Assistance with personal hygiene and activities of daily living are tended to by our certified nursing assistants.



#### COORDINATED MEDICAL CARE - FROM HEAD TO TOE.

Registrants are provided with comprehensive medical, nursing and personal care services as per their community physician's orders and evaluation by our team.

Our on-site audiologists, optometrists, podiatrists, geriatric psychiatrists and psychologists, geriatric dentist and dental hygienist are available to provide care to our registrants.

#### SPIRITUAL GUIDANCE, CARING AND EMOTIONAL SUPPORT.

The LISVH has made a commitment to provide our registrants, who fought for our religious freedoms, with programs to meet their spiritual needs. Whether it is Friday's Sabbath services with our rabbi, Mass with our priest, or an uplifting bible study class with our protestant minister, we are able to accommodate religious customs.

Our chaplains are also ready to offer the spiritual and emotional support our registrants and families require.

Our Licensed Clinical Social Workers provide comprehensive psycho-social and support services for our registrants and their families. Our Social Services staff are there for you to help with the adjustment to new surroundings or everyday concerns.

## BACK AT HOME WITH FAMILY.

After a fulfilling day at the Long Island State Veterans Home Adult Day Health Care program, the registrant returns home to be with loved ones.

If additional services are needed once they leave the program, our Social Services staff and multidisciplinary team members work to coordinate services in the home, for example, the scheduling of physician appointments or community services.

### COME TO THE LONG ISLAND STATE VETERANS HOME ADULT DAY HEALTH CARE PROGRAM.

*Become part of our family.* Let us help you with your caregiving needs. We will provide you with a worry-free day. Your loved one will have a day filled with friendship, socialization, and engaging activities while their individual care needs are met.

Give us a call, in Suffolk County at 1-800-DAY CARE. (329-2273) or 631-444-8530. We look forward to showing you our facilities and answering all of your questions.



*"I am so fortunate that I found this place to help take care of my wife because it was something I had trouble doing on my own. The Adult Day Health Care program allows her to still live at home with me."*

*- Nick G., spouse of registrant*

## FROM THE GREATEST GENERATION TO THE LATEST GENERATION.



The Long-Island State Veterans Home's (LISVH) Adult Day Health Care program is located at the Long Island State Veterans Home on 25 wooded acres on the campus of Stony Brook University across from the Medical Center. The LISVH is operated by the Health Sciences Center of Stony Brook University and continues to be one of the only adult day health care programs in the country that is fully integrated into the health and educational mission of a major teaching and research university.

The Adult Day Health Care program at the LISVH is licensed by the New York State Department of Health and the U.S. Department of Veterans Affairs.

The LISVH Adult Day Health Care program accepts honorably discharged veterans from all branches of the United States Armed Forces. Admission to the Long Island State Veterans Home Adult Day Health Care program is open to all veterans regardless of period of service (war or peace time service), service connected disability or location in which you served our nation. The Long Island State Veterans Home Adult Day Health Care program also accepts the spouse or widow of qualifying veterans, as well as Gold Star Parents, who require adult day health care.

### OUR RESPONSIBILITY TO AMERICAS VETERANS

Each of us strives to be as committed and responsible to the care and well being of our veteran residents as they were during their service to our nation.

### OUR TEAM APPROACH TO OUT PATIENT CARE

We encourage the active participation of all of our clinical and support service disciplines, as well as families, volunteers and the community, in an effort to provide comprehensive health care.

### OUR MOTIVATION TO MAXIMIZE INDEPENDENCE

We strive to maintain and enhance functional abilities of those we serve through a variety of therapeutic interventions.

### OUR COMMITMENT TO VALUING OUR EMPLOYEES

In order for us to effectively care for our residents, we must provide our employees with a work environment conducive to mutual respect, accountability, caring and individual growth and development.

### OUR PRIDE IN PROVIDING A PLACE THAT ANY VETERAN CAN SPEND THEIR DAY

The foundation of military service is pride in our nation. The basis of the care we provide is pride in what we do.



100 Patriots Road • Stony Brook, NY 11790

Suffolk County Phone: **1-800-DAY CARE** (329-2273)

Phone: **631-444-8530** • Fax: **631-444-8534**

Web Site: [www.listateveteranshome.org](http://www.listateveteranshome.org)